HOW TO USE FLIPGRID for social-emotional learning



#1) Daily Check-Ins

Use Flipgrid to check-in with your students daily.

Example questions to ask:

- What do you miss from being at school?
- What kinds of things you have done since you've been home?
- What is driving you crazy?
- How do you feel about doing online school?

#2) Positive Vibes

Use Flipgrid to have students share the positive.

- Send a shout out to a classmate
- Share how someone helped you today or how you helped someone else
- What is something you do that makes you happy?
- Tell me three positive things that have happened this week

#3) Stress Relief

Use Flipgrid to relieve stress!

- Post a joke of the day
- Play a game like charades
- Yoga videos you post a walk through of how to do a pose and students post a video of them practicing
- Share videos of MakerSpace/STEM projects at home

#4) Human Connection

Use Flipgrid to connect with others and build relationships.

- Get to know you/Introductions
- Show and tell
- What are your 3 favorite things?
- Icebreaker questions
- Host a talent show or 'open mic' week

#5) Gelf-Reflection

Use Flipgrid to offer a way for students to reflect.

- SEL Challenge of the day or week
 - Post a video response showing us at least 5 things that help you calm down when you are angry
- 3–2–1 Reflections (3 things you learned, 2 interesting things, 1 question)
- Skype or Grid Pals reflection